



The Language & Culture Soccer Experience of a Lifetime

Dear Soccer Players & Parents

Welcome to EduKick Mexico–Soccer Development & Language Immersion Programs! EduKick Mexico programs are a complete package of international travel, cultural exposure, Spanish language study & immersion, academic study and professional soccer training designed to ensure that participating players have “the language & culture soccer experience of a lifetime!” The cornerstone of all EduKick Mexico programs is our “Year Long” program.

Programs Available:

- Year Long University or High School Studies, September – June
- Half Year University or High School Studies, January – June
- Individual Weekly custom programs – available Year round

In Mexico Armando Cosilion is our Technical Director. A qualified Civil engineer Armando spent 17 years as a player in top Mexican clubs Chivas and Atlas. He is the founder and director of CODEFUT Soccer College and as a sports promoter he was the organizer of friendly matches for the Mexican National U-17 and U - 20 teams in Puerto Vallarta. Armando is the president of the annual Copa Vallarta International tournament besides being the Director of EduKick Mexico.

EduKick believes that living, studying and training in a foreign country is an invaluable experience that a player will never forget and the benefits of such an experience will be embedded positively into that individual for the rest of his or her life. EduKick Mexico staff, keenly aware of the challenges that our boarding school presents to our players, are fully committed to our players’ overall education through our soccer development and language immersion program. Living, playing soccer and studying in Mexico as a teenager or young adult represents an enormous challenge for both the participant and the educators and host families (who are responsible for the player’s education and general welfare). From the participant courage, effort and character are required to succeed. From the EduKick Mexico staff, it demands professional guidance, supervision, mentorship and expertise in order to provide the required level of service to our young players.

With this in mind, it is very important that participating students and their parents’ expectations for the program match exactly that which we are capable and confident of offering. That is why we have prepared this EduKick Mexico Parent/Student Manual. Please read this manual very carefully as it will help you to better understand the EduKick Mexico year long program and have a realistic idea of the scope of the program and its challenges and benefits.

EduKick Inc. wants to reassure all student-players and parents of our 100% commitment to our EduKick players’ education and well being while attending any of our programs in Mexico. We are committed to providing the service outlined in this document and we hope that you (or your child) will join us in Mexico.

Sincerely yours

Joey Bilotta, V.P.

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PART 1 – PROGRAM

Introduction

The Edukick Mexico Programs are Football development programs with specific football and either High School academic courses or Spanish Language lessons. The programs are located in Puerto Vallarta.

1 Program Description

Check in & Registration

Each morning the students will be greeted and registered by the Course Leader or an Edukick Mexico representative. These daily meetings will ensure efficient and effective communication of all program information; regarding fixtures, trips and changes to scheduling directly to the students. Similarly, these sessions also provide the students with a regular opportunity to feedback to the EduKick course leaders any concerns they might have or any ideas they would like to put forward. This will enable the EduKick course leaders to monitor client satisfaction and welfare issues and take timely and appropriate action. These brief meetings will allow EduKick course leaders and coaching staff to feedback information and progress reports to EduKick Head Office and parents on a regular basis. During the first month of the programme these sessions are of great importance in assisting students to settle in to life in Mexico. The sessions also enable an informal meeting of the students to develop friendships and camaraderie amongst the team.

Football Coaching (Technical)

Practice makes perfect with every individual player. Each week the students will be coached not only in the complexities of the game but also the simple elements of the game to ensure individual improvement and performance. Simple repetitive practices that the professionals in the Mexican game take part in and will be introduced to ensure the players are focused on all aspects of the game.

Football Coaching with CODEFUT Youth Academy

Edukick Mexico has strong partnerships with many football clubs throughout Mexico, from grass roots to the professional level. Each week the students will receive coaching sessions by CODEFUT Youth Academy coaches. These sessions will expose the students to the highest level of football coaching available in the country.

Football Coaching (Tactical)

The students will prepare each week for the following game learning the tactical parts of the game together, looking at shape, movement, set plays, defending and attacking as a team and phase of play, using examples from games they have been involved in and the professional game in Mexico.

Cool Down Sessions

Following competitive fixtures and high tempo match play activity we believe a thorough cool down session is important to assist in injury prevention. These sessions will involve light training sessions or activities. During these sessions analysis of previous match play and coaching to look at improvement will be incorporated where necessary.

Fitness Training/Speed, Agility, Quickness

Each week the students will be put through their paces in the fitness sessions. These sessions will vary from endurance, strength, conditioning and technical movements associated with the game. All students are expected to use these sessions to improve fitness for the game and to provide ideas along with them being a learning tool for the personal fitness sessions.

The sessions will include footwork and developing quick feet without the ball, coordination and awareness, anaerobic speed burst movements of the game and general aerobic fitness.

During these sessions students will be taught the safe practices of training to assist in injury prevention.

Academics – Middle / High School

JJ Fernandez de Lizardi College

BE - KNOW - DO

EduKick School students study at our affiliated private Mexican Middle/High School, **Fernandez de Lizardi College** located in the town of Puerto Vallarta. Classes are held in the mornings.

Contact details:

Jose Joaquin Fernandez de Lizardi

Address: Avenida Playa Grande 350 (Golfo de Palermo and Golfo de Tarento)

Puerto Vallarta (County: Puerto Vallarta State: Jalisco)

Postal Code: 48,327

Email: jjfernandez@prodigy.net.mx

Spanish Language only

CEPE Vallarta (is EduKick Mexico's affiliated academic institution for our "University" option (Spanish language study only). Our year-long program schedule at CEPE, with its rich variety of courses available, enables students to select a program of Spanish language study that comes closest to their personal needs and desires.

Since 1994, **CEPE Vallarta** has responded to the demand of tourists, residents and university students who wish to learn Spanish in a tropical environment. Since 2007, CEPE Vallarta joins EduKick, Inc. in welcoming soccer players from around the world to attend our unique Spanish & Soccer program in Puerto Vallarta.

Learning is based on the Communicative Approach, without losing sight of the need for grammatical accuracy. Spanish language courses are taught in Spanish and are designed to help students acquire fluency and sufficient communicative skills to cope with any situation that they are likely to encounter. *The size of our groups is no bigger than 15 students.* This enables us to give a more personalized attention, according to the specific needs of each student, and to encourage more interaction in the classroom. On arrival, students are tested for both written and spoken competence. On the basis of this placement test, they are assigned to the most appropriate level for their own benefit. The CEPE operates ten levels of Spanish instruction, which are in turn divided into three areas:

Spanish for beginners:

Levels 1, 2, 3 and 4. The program for beginners focuses primarily on verbal expression, vocabulary expansion and listening skills. This approach is supplemented by work on reading texts for information, writing and basic grammar. We recommend that students follow between four to six hours of this course on a daily basis. Beginners can also enroll in supplementary courses Conversation I and Mexican Culture, the latter being the only content course taught in English.

Intermediate Spanish:

Levels 5, 6, 7 and 8. The focus in these programs is on developing the grammatical competence needed to maintain both informal conversation and more formal communication, as well as developing sufficient vocabulary for reading and writing purposes. Students who on placement testing demonstrate sufficient competence to study at Level 7 and beyond may also enroll in a variety of supplementary content courses.

Advanced Spanish:

Levels 9 and 10. Advanced classes concentrate on total mastery of the language, including reading excerpts from literature, the writing of essays and enhancement of oral expression. Advanced students can enroll in any supplementary or content courses, according to their needs.

Assignment workshop

Each week the students will be scheduled hours to work on their academic qualifications and given time to complete personal fitness logs and their training diary. These sessions will be supervised by Edukick Mexico staff to ensure an efficient use of time.

During the first month of the programme, whilst the academic work is beginning, these sessions will provide essential guidance on the standard of work and presentation level required to achieve optimum grades. We at Edukick Mexico feel that the underpinning of the physical aspect of the course with the academic classroom based activity is essential. These sessions are provided to enable support to each student on an individual bases and also provide time in the busy schedule to complete such assignments.

Mexican Football/Culture seminars

At various times throughout the programme, all EduKick Students will take part in occasional seminars relating to Mexican football, international football and Mexican culture. An EduKick representative will guide the young people, firstly in the way of Mexican life and the importance of sport, recreation and specifically football. EduKick students will learn about the history of the game in Mexico.

As part of these sessions the students will learn about the theory behind the tactics and the rules of association football, having the opportunity to take control of games amongst their peers.

These sessions give the students an understanding of the game from various angles, not just as a player, but spectator, manager, coach, referee and club owner. At EduKick Mexico we feel it is important for students to understand and view the game from all these angles to be able to respect the game from a variety of points of view.

Individual Tutorials

Each student will meet with a senior EduKick staff member once per term/semester. This will provide the perfect opportunity to obtain the specific and individual feedback necessary to ensure the welfare, safety and satisfaction off all EduKick students. This procedure will ensure a happy stay and continued improvement in all aspects of the course. These meetings will also provide EduKick course leaders the opportunity to set the students personal targets and feed information and progress reports back to EduKick Head Office and so to parents.

Towards the end of the course these sessions will also provide the perfect opportunity by which to assist each individual EduKick player to progress from the course and assess the best ongoing career opportunities available to them.

Evening Activity

Team cohesion and spirit is important when playing football or any team sport, therefore on a regular basis the group will be brought together under the leadership for various social activities.

These may include:-

Bowling
Film nights
countryside walks
Cycling
Quiz Nights

These sessions will be conducted once at the beginning of the program, once at the end of the program and an additional minimum of once per term.

Weekend Activities/Excursions

As part of the course we endeavour to introduce the students to all places of historic and social importance in Mexico. So once every term/semester the students will at the weekend spend a full or half day excursion or activity together to see more of Mexico and once again to aid their bonding as a team.

These activities may include:-

Sightseeing excursions
Football Stadium tours
Attending Mexican professional matches
Through the duration of the course these trips will vary to give the students a variety of experiences.

2 Program Schedule

The **Year Long High School or University** program is 35 weeks of accommodation, football training and academic study consisting of three academic terms with two vacation breaks. During the vacation breaks all services are suspended and students normally take the opportunity to return home for rest and recuperation. Students who wish to stay in Mexico during the break are required to put the request in writing and if the host family agrees to the wish an additional fee will be required for Host Family stay only.

Term One

Monday 06 September – Friday 10 December 2010
14 weeks

Term Two

Monday 10 January – Friday 15 April 2011
14 weeks

Term Three

Monday 02 May – 17 June 2011
7 weeks

Total of 35 weeks

The **Half Year High School or University** program is 22 weeks of accommodation, football training and academic study consisting of two academic terms with one vacation break. During the vacation break all services are suspended and students normally take the opportunity to return home for rest and recuperation. Students who wish to stay in England during the break are required to put the request in writing and if the host family agrees to the wish an additional fee will be required for Host Family stay only.

Term One

Monday 10 January – Friday 15 April 2011
14 weeks

Term Two

Monday 02 May – 17 June 2011
7 weeks

Total of 21 weeks

4 Program Location



Puerto Vallarta is a resort city situated on the Pacific Ocean's Bahía de Banderas. The City's population is approximately 177,830 making it the fifth-largest city in the state of Jalisco. The City of Puerto Vallarta is the government seat of the Municipality of Puerto Vallarta which comprises the city as well as population centers outside of the city extending from Boca de Tomatlán to the Nayarit border (the Ameca River). The municipality's population is approximately 220,000.

The municipality has an area of 502.19 square miles (1,300.67 km²). To the North it borders the SW part of the state of Nayarit. To the east it borders the municipality of Mascota and San Sebastián, and to the South it borders the municipalities of Talpa de Allende and Cabo Corriente.

Puerto Vallarta is named after Ignacio Vallarta, a former governor of Jalisco. In Spanish, *Puerto Vallarta* is often shortened to "Vallarta", while English speakers call the city **P.V.** for short. The city occasionally is spelled or pronounced as **Porto Vallarta**. Being a Spanish name, Vallarta is usually pronounced 'vie-arta', not 'val-arta'. In internet shorthand the city is often referred to as PVR, after the IATA code (ICAO MPR) for its international airport.

PART 2 – About Puerto Vallarta (living in Mexico)

1. Culture

In this Mexican beach paradise, tradition and international style fuse to create a spirited and sophisticated culture.

The vibrant colors of traditional Mexican dress can only be rivaled by the intricate beadwork of the Huichol Indians. Puerto Vallarta may be new to you, but the Huichols have long enjoyed its beautiful beaches and lush rainforests.

Stroll through the centuries on cobblestone streets with the air sweet from the music of old Mexico. Mariachi originated here in Jalisco.

2. Areas

Puerto Vallarta denotes the entire Banderas Bay area and northern shoreline stretching from San Francisco/San Pancho on the Pacific (North Shore) south to Mismaloya near Puerto Vallarta (South Shore). It includes over 40 miles of coastline and a variety of topography, culture and architecture and is often referred to as Costa Vallarta. There are areas of dense jungle vegetation spotted with bursts of color from exotic tropical plants that give way to rocky river beds, which tumble and feed into the open sea and steep mountain sides where villas and casitas look as if they were merely glued to the hillsides. There are also many historic buildings and sites, rich with culture and romance, beautiful beaches, sprawling resorts and planned communities - even the ultra-modern marinas of Nuevo Vallarta and Marina Vallarta. Also to be found in this diversified geological area are arid flatlands decorated with cactuses and small pueblos where life is lived at a snail's pace. This region is divided into eight neighborhoods or areas, from north to south. Each is special in its own way and adds to the charm, diversity and uniqueness of Costa Vallarta.

South Shore

The south shore is where the Sierra Madre Mountains meet the shores of the Banderas Bay. It is an area full of coves, small bays, rivers, and secluded, remote beaches accessible only by boat. Here the jungle creeps to the beach, making it a perfect tropical setting.

Conchas Chinas

This upscale neighborhood is the most prestigious and popular residential area of town. It is also known as "the Beverly Hills of Vallarta."

Downtown South

The Down Town South is also known as Los Muertos Beach. The main streets, Olas Altas and Basilio Badillo, offer cozy restaurants and bars, trendy boutiques and abundant nightlife.

El Centro

This is the heart of Vallarta, where the Malecon can be found welcoming visitors into the center of town. There are historic buildings, beautiful cathedrals, shops, galleries, beaches, and restaurants galore.

Hotel Zone

The area from El Centro to Marina Vallarta is known as the Hotel Zone. This is where the major concentration of hotels and resorts are located—huge towering buildings with all the amenities set in a tropical paradise.

Marina Vallarta

Home to Mexico's largest and most sophisticated marina complex, this 500-slip marina is bordered by several condominium projects with a malecon full of shops, art galleries and restaurants, including El Faro lighthouse bar.

Bucerias

Located 12 miles north of the airport, Bucerias is popular with Canadian and North American visitors Bucerias, or "Place of the Divers," enjoys a 5-mile stretch of white sand beaches that is the longest along the entire coastline of Banderas Bay

La Cruz de Huanacastle

A tranquil town north of Puerto Vallarta settled in the 1930's by the Chavez family who built a working ranch north of Banderas Bay. This is where the beautiful and peaceful La Manzanilla beach is located.

North Shore

From San Francisco/San Pancho to Nuevo Vallarta, this area is known for beautiful surf, craggy coves, remote villages and smapueblos. Life goes at a slower pace here, much like the Mexico of old. It has an arid climate and features mango, banana and papaya groves.

3. Beaches

Puerto Vallarta has miles and miles of wide sandy playas, some boasting coves seemingly carved just for two, others quite popular with lots of palapa restaurants, amenities and services.

4. Weather

Puerto Vallarta has a typical tropical climate, with temperature and variations in humidity that can make July through September nearly intolerable. It has pronounced wet and dry seasonal variation, with sudden monsoon-like rains from July through September, normally for a few hours in the evenings.

The average daily high temperature is 86 °F (30 °C); average daily low temperature is 70 °F (21 °C); average daily humidity is 75%. The rainy season extends from mid June through mid October, with most of the rain between July and September. August is the city's wettest month, with an average of 14 days with significant precipitation. Even during the rainy season precipitation tends to be concentrated in large rainstorms. Occasional tropical storms will bring thunderstorms to the city in November, though the month is typically dry. February, March and April are the months with the least cloud cover.

Prevailing winds are from the southwest, and most weather systems approaching Puerto Vallarta are consequently weakened as they pass over Cabo Corriente. Thus even during the rainy season Puerto Vallarta's weather tends to be mild compared to other areas along the Mexican Pacific coast.

5. Quick Facts

- **Location:**
Pacific coast of Mexico along Banderas Bay, Mexico's largest natural bay, in the northwest corner of the state of Jalisco.
- **Climate:**
November to April: Average high 85F/low 63F
May to October: Average high 92F/low 70F
Rainy Season: Mid-June through September, mainly afternoon and evening showers.
- **Airport:**
Located four miles from downtown, has over 450 weekly flights, ground transportation available.
- **Currency:**
Pesos, money exchange houses located in the airport, on nearly every street corner and at banks throughout the city. Credit cards are widely accepted.
- **Electricity:**
110 volt 60-current, same as the U.S.A., no adapters needed.
- **Population:**
350,000 of which 6,500 are expatriates. 2 million visitors annually.
- **Economy:**
Mainly tourist related. Agriculture, tobacco, cattle ranching and tequila production are also important financial resources.
- **Local Time:**
Puerto Vallarta is in the Central Time Zone (the same as Texas), which is two hours ahead of California and one hour behind New York.
- **Law:**
Mexico is under Napoleonic Law - you are guilty until proven innocent!
- **Restaurants:**
There are more than 250 in town!
- **Beaches:**
Vallarta has been named the best beach in Latin America by Travel and Leisure Magazine Readers Survey, all 25 miles of it.
- **The Church of Our Lady of Guadalupe:**
It took 33 years to build from 1918 to 1955; the trade mark crown was damaged in the 1995 earthquake and has now being repaired.
- **Nayarit**
Jalisco's neighboring state, just eight miles north of town is in another time zone, one hour earlier.
- **Taxis:**
With more than 1,000 taxis in town, there is no problem hailing one. Taxi fares are set in PV; the average fare is around \$30 pesos or \$3 USD. Trips across town-from the Marina to Los Muertos Beach-will run about \$60 pesos or \$6.00 USD. Fares are posted in each taxi, the daily newspaper and most major hotels. Asking about the fare before you get in may save you a few pesos.
- **Mariachi:**
Jalisco is the home of this traditional Mexican music.

PART 3 – STUDYING IN Mexico

The Mexican Education System

The Mexican school system consists of basic, secondary and higher education. Basic education is compulsory for all children in Mexico from 6 to 14 years.

Basic education includes preschool, primary school and lower secondary school. Federal, state, and local governments provide 93 percent of basic education, while private schools provide about 7 percent.

Preschool is optional and free, covering children aged between three and five years of age in three grades.

Primary education (6 years) is compulsory, with the state providing free education from the age of six. Primary school children spend between four and four-and-a-half hours in class every day. There are several educational pathways for specific population groups, including general education, bilingual-bicultural education and community education for children in the isolated regions of the country.

Lower-secondary education (3 years) is considered part of basic education and is compulsory as well. In order to enter students are required to have successfully completed six years of primary education.

After completing basic education students have the option to continue their studies in **upper-secondary education (3 years)**. This stage is non-compulsory and has three pathways:

- General upper-secondary
- Technical professional education
- Technological upper-secondary
-

Higher education

After completing upper-secondary education students can continue their studies in one of the following higher education institutions:

- Universities (4-5 year colleges and universities, called the licenciatura)
- Technical institutes (3-year programmes in engineering and management)
- Teacher-training colleges, offering bachelors degrees in the fields of education
- Technological universities, offering two-year programmes to prepare students as higher university technicians

Grading system in Mexico

The grading system for most institutions at all levels ranges from 1 to 10 with the following grades:

- | | | |
|---------------|----------------|------------|
| • 10: | Excelente (E) | Excellent |
| • 9: | Muy Bien (MB) | very good |
| • 8: | Bien (B) | good |
| • 7: | Regular (R) | regular |
| • 6 | Suficiente (S) | sufficient |
| • 0-5: | Reprobado (R) | fail |

Academic year

The academic calendar for elementary and secondary education begins in September and ends on June 30th, with holidays in December and April. The academic calendar for institutions of higher education varies. Some universities offer year-long courses, although most institutions now employ a semester system.

PART 4

1 EduKick Mexico Staff

Ing. Armando Cosilion	General Director
Liliana Leon	Supervisor
Profr. Miguel Limon	Tours coordinator
Mariana Leon	Chaperon
Martha Limon	Chaperon
DT Roman Mayoral	Soccer Coordinator
DT Julio Cesar Garcia	Coach
DT Alejandro Cosilion	Coach
Profr Cecilio Cosme	Athletics Coordinator

2 Host Family Rules

At **EduKick Mexico** we are very proud of our standard of **host families**. We have taken time to find the best possible families to welcome you and look after you during your stay. We hope that you will have a happy and memorable time with your host family.

They have a responsibility to try and make you feel welcome. You also have a responsibility to be a good guest!

What to expect from your host family accommodation:

- It is very polite and useful to telephone your host family before travelling to Mexico
- The house will be kept clean at all times
- Bed linen and towels will be changed every week
- Breakfast will be provided
- Evening meal will be provided and eaten together with the family at the table unless otherwise stated.

Note: Every family is different and so each family will have different food on offer. However, please feel free to tell the family if you have any preferences. Please remember, if you are going to miss, or be late for mealtimes unexpectedly please inform your host family.

- Your family will do your laundry once a week (you will be shown how to wash your sports clothes yourself more frequently)
- You will be given a key to allow you to enter and leave the house when you want to. (Please **do not** keep this with your host's address in case it gets lost)
- Your family will give you their day time telephone number in case of emergency
- Your bedroom will contain a desk on which you can study or there will be an area in the home where you can study
- Your family will negotiate the best times to use the bathroom with you on your arrival

RULES & REGULATIONS

In the host family

- Do not Keep food in your room
- Do not Wash your own clothes and try to dry them in your room
- Do not Use the telephone/computer without permission
- Do Not Damage or vandalise any property in any way
- Do Not Have visitors without permission
- Use of bad language is strictly prohibited
- Always treat your hosts respectfully
- Always inform your host family of your movements on a daily basis.

Please note: in cases of damage, vandalism or the on call team being alerted, students are held responsible, and will have to pay for damage/time accordingly and could face suspension or expulsion from the program.

Doctors, Dentists & other concerns

For any illnesses please ask your host family to arrange an appointment at the local doctors surgery, they can register you as a guest in their home at the local surgery. Please contact **Armando Cosilion** in case of illness or anything else which is causing concern. Changes of host family are only possible in exceptional circumstances.

***Note – the use of Alcohol, cigarettes and drugs is strictly prohibited by EduKick England. Any student regardless of age caught using alcohol, cigarettes or drugs will face immediate expulsion from the program.**

Making the Most of the Host Family Experience - EduKick England

Your local host family has been carefully selected to ensure that you get the maximum benefit from this unique Spanish language and football experience.

However, please remember that you are going to be living as a guest in another family's home. You will meet all members of the family and will be living along side them for the duration of your visit. The information below is designed to help you integrate as easily and quickly as possible, make you into a super guest and so make the most of this experience.

Remember, most host families and their students form a genuine friendship that can last for the rest of their lives!

- Take some photos from home to introduce you and the rest of your family to your new guest family. They will be delighted to learn where you are from. Maps, photos and brochures of your neighbourhood and home town are also really useful to break the ice at the start of your stay.
- Make an effort to ask about your new family, their interests and hobbies.
- Find out when you are allowed to use the bathroom in the mornings and evenings and when are the regular family mealtimes.
- Volunteer to take your turn helping with family chores e.g. washing up, setting and clearing the table etc.
- Always use a pre-paid international telephone card (available from local shops) to phone home.
- NB - Always remember to ask your host father or mother before using the phone.

- Try and keep your room and bed as tidy as possible.
- Your host family will make sure you get your breakfast and dinner everyday (lunch too on Sundays).
- Your host family will also either do your washing for you or show you how to do this yourself. Remember! You're not living in a hotel!

Finally, you must remember that Mexican people may do things differently to what you are accustomed. It's also easier to misunderstand a situation when communicating in a foreign language. If you are unsure about something, ask your host family.

NB – Your **Director of Football** at EduKick Mexico is called Armando Cosilion. He is always there to listen to any questions or problems you might have whilst you're staying with us this year. Don't hesitate to speak to him! He's a friendly guy and he's there to help you and look after you!

I have read, understand and agree to abide by these rules set out by Edukick Mexico, along with any supplementary rules that may be added during the course for student safety and benefit.

I have read, understand and agree to abide by the Host families rules set out by Edukick Mexico, along with any supplementary rules that may be added during the course for student safety and benefit.

Student Name: (Please print)

Signed Student: Date:

Signed Parent: Date:

Signed Director of football: Date:

These rules must be carefully read by both student and parents and be signed prior to arrival in Mexico to allow access to host family and commencement of the course.

3 Code of Conduct Contract

EDUKICK MEXICO INTERNATIONAL PROGRAM
Participant Contract
PLEASE PRINT, SIGN AND BRING ORIGINAL WITH YOU!

1. Punctuality. It is an important way that you can demonstrate your thoughtfulness of others. It shows respect to all individuals meeting at a given time. It shows that you are thinking ahead, that you are prepared, and shows that you want to be a part of the group. It also demonstrates your responsibility and your ability to manage your time. It shows that you are unselfish. Be on time! Think ahead of what you need to do to be there on time. Do away with excuses. Punctuality is something that you have control over.

2. Organization. Organization of your personal belongings is an exercise in discipline and respect for the things that you have as well as for your House mates' peace of mind. Organization will help you be better prepared for the next activity, will make it easier for your room to be cleaned, maintain an environment that is sanitary and will promote a space conducive to rest as well as an enjoyable place for your roommates and you to live.

3. Homestay. Living as a guest of a family is different from living in a Hotel or your own house. You demonstrate this understanding by not making obnoxious noise in your room, maintaining the norms of dress (i.e. wearing appropriate clothing when you are not in your room). You also will refrain from leaving mess around the host home. You recognize that someone will have to clean it up. You also will respect the host home property and not vandalize or steal anything that belongs to the family home.

4. Regeneration time. You are aware that in order to continuously perform at the high physical and mental rates that are daily demanded of you, you need proper rest and nourishment. You commit to eating a proper breakfast, lunch, and dinner. You understand that a sufficient amount of sleep is also requisite, not only to recuperate from games and practices, but also to prepare you for the following day. Good sleep and rest will allow you to be alert, awake, and feeling good so that you may take advantage of daily opportunities. Curfew means lights out and sleep. You will respect the curfew policy, will not venture into other people's rooms after hours nor will you allow people to be in your room past curfew.

5. Whereabouts. Due to the week's intense schedule you understand that you will primarily remain within the Edukick group of participants. You will keep in mind that an Edukick monitor needs to always approve and know with whom and where you are going.

6. Character. The way that you conduct and carry yourself reflects how you see yourself as well as how others see you. Your body language, speech, tone, and actions (or lack of action) speak loud and clear what you are thinking. You will continually strive to represent yourself accurately and respectably. If you have a problem, with something or someone that you cannot solve on your own you will talk to the Edukick staff so that a resolution may be harmoniously worked out. You will respect all whom you come in contact with including your host family, EduKick personnel, coaches and friends. You also refrain from any negative or derogatory comments OR actions/behavior that put down people including your friends and opponents.

7. Leading by example. As a person who can think for yourself and someone who cares about others, you will be a leader. You will not only lead by example, but also by standing up for what you know is right and wrong, and striving to encourage the people around you to do the same. Leadership is an expectation for all Edukick participants, young and old. Leadership, for example could mean helping your team mates and others to stay on task and be one time, or making sure that friends and yourself are not being too loud or rowdy. Leadership also means taking initiative,

seeing a problem and solving it before it starts or before being asked. Being a leader is a way to keep the group functioning harmoniously.

8. Drug/Alcohol & Theft Zero Tolerance. There is a zero tolerance policy for alcohol/tobacco/illegal drug possession and theft as integral part of the Edukick Mexico program.

9. Attendance. Attendance to all classes, training sessions, games and activities officially being organized by Edukick Mexico as integral part of the program is mandatory for all participants. If you are sick please inform a member of EduKick Staff immediately.

10. Valuables. It is the sole responsibility of each participant to keep all of there valuables safe and secure at all times. Edukick Mexico will only follow inquiries for lost and reported stolen valuables on behalf of students but will not be held responsible for the actual lost or stolen item.

Any violation of any of the above rules may, at the absolute discretion of Edukick Inc, results in either:

A written warning. Any repetition or further violation would then result in expulsion.

Or

Immediate expulsion.

(In the case of expulsion all expenses incurred as a result of this sanction shall be the sole responsibility of the student's parents and all tuition fees will be non refundable)

I have read, understand and agree to abide by these rules set out by Edukick Inc, along with any supplementary rules that may be added during the course for student safety and benefit.

Student name: (*Please print*)

Signed Student: Date:

Signed Parent: Date:

Signed Director of football: Date:

4 Packing Check List

- Current Passport with Student Visa Stamp
- Copy of Passport & Birth Certificate (to be kept separately)
- Return Plane ticket (kept safe for your return)
- All original school enrolment documents
- Travellers Checks, ATM CARD or [Travel Money Card](#)
- Health Insurance Card/Policy Info
- Notebooks (for school) / Journal / Writing Utensils (pens & pencils)
- Laptop Computer, Mini-DVD player, CD player, etc. (Optional)
- Language Dictionary / Language Learning CD/Tapes (optional)
- Camera / film (optional)
- Soccer Boots (2 pairs- Hard Ground and soft ground)
- Soccer Flats or Indoor soccer shoes
- Tennis Shoes or Cross Trainers (for road work)
- Shin guards, tape, soccer shoe polish, shoe brush, etc.
- Flip-flop sandals & Bathrobe (showering)
- Soccer gear for personal training
- Swimsuit / 3-4 Bathing Towels
- Casual wear for school (slacks, jeans, dress shirts, shorts, tee-shirts, etc.)
- One or two nice outfits (for social activities)
- Winter Wear - Shoes, Heavy Jacket, Sweaters, Hat, Gloves, etc.....
- Personal toiletries (tooth brush/paste, deodorant, comb, after shave, etc.)
- Alarm Clock
- Medication for any existing medical conditions
- List of personal contacts back home (emails/addresses/telephone numbers)
- Black Permanent Marking pen *

Soccer Specific Equipment Required

- Soccer Boots, 2 pairs- Hard Ground (moulded studs) and soft ground (metal/long studs)
- Soccer Flats or Indoor soccer shoes
- Running Shoes
- Shin guards & tape (players will not be permitted to train/play without them)

- Soccer gear for personal training (minimum 5 sets, due to the nature of Mexican conditions during the season we require all players to bring a full change of kit each day)
- Soccer shoe polish, shoe brush, etc (players are expected to maintain high standards at all times)

NB – please do not arrive with brand new boots as this could create injury and cause you problems in the first few sessions. Please ensure you have worn in your footwear prior to arrival.

All Year Long and Half Year students will be provided with full training kit, including Shorts, Socks, T-Shirt, Sweatshirt, tracksuit and bag. Where possible we would ask all students/players to ensure this is worn to represent the course and the football club.

Monthly students must supply all kit themselves.

**For more information or further clarifications, please contact
EduKick's Corporate Headquarters:**



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*"The Language & Culture Soccer Experience of a
Lifetime"*